**Impact**

At Rockcliffe CE School our vision is to provide the highest quality PE for all children, of all abilities, to ensure the following pupil outcomes:

* Pupils will enjoy PE and school sport
* Pupils will be committed to PE and sport, value it and make it part of their lives – both in and out of school
* Pupils will know and understand what they are trying to achieve in PE and analyse and evaluate their success
* Pupils will understand that PE and sport are an important part of a healthy, active lifestyle
* Pupils will gain in self-confidence by getting involved in PE and sport
* Pupils will develop the skills and techniques they need to take part in PE and sport
* Pupils will show a desire to improve and achieve to the highest levels in relation to their own abilities and potential
* Pupils will develop stamina, suppleness, strength, and speed to enable them to become lifelong participants in sport and exercise

**Implementation**

Our PE curriculum at Rockcliffe CE school is rooted firmly within the National Curriculum Programmes of Study and aims to provide a high-quality PE education. We use

PE Planning to provide progressive and sequenced lessons, which are inclusive to the whole children and where all pupils are appropriately challenged.

We will provide opportunities for pupils to participate in competitive sports and activities in a safe and supportive environment both in and beyond the curriculum, where effort and hard work, as well as success, is celebrated. This will mean that all pupils can participate in regular competitive sport and physical activities; giving them the prospect of understanding what competition feels like, what it is like to be part of a team, and to be able to both win and lose with equal grace and respect.

Our PE curriculum will contribute to promote healthy and active lifestyles; improve emotional well-being and develop key skills such as leadership, confidence, and self-discipline. The curriculum will also contribute to the development of a range of important cognitive skills, such as decision making and analysis, and social skills such as teamwork and communication. We hope this will lead to a life-long passion of being physically active.

In addition to PE planning, each class throughout the year has a series of sessions with a professional sports coach. Teaching staff work alongside the sports coach, as part of their CPD programme.

Staff and pupils are appropriately dressed, and equipment is used effectively when required.

Half termly sports after school clubs allow children to access a range of different sports and activities. All children in school complete The Daily Mile every afternoon.

**Intent**

At Rockcliffe CE School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. We aim to provide a PE Curriculum that all pupils from Nursery to Year 6 not only enjoy, but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing.

We intend to offer a high-quality physical education curriculum that inspires all pupils to exceed and excel in competitive sport and other physically demanding activities, where they are given an opportunity to embed values such as fairness and respect. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle.

We aim to inspire a love of sport to raise the level of physical activity of our pupils and aim to develop the skills and attitudes needed for every child to have a lifelong participation in physical activity and healthy living.

Our PE curriculum aims to ensure that all pupils develop physical literacy and the fundamental knowledge, understanding and skills to excel in a wide range of physical activities, by providing a broad, balanced, and inclusive curriculum with opportunities for all.