**Important information**



**Individual**

**Teamwork**

**Rhythm**

**Movement**

**Space**

**Expression**

**Sequence**

**Order**

**Perform**

# Dance focusses on exploring how we can move in different ways. Look at how we can move and make sequences from adding movements together. Dance can be a form of expression to show ideas, feelings and mood.



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|  | Lesson Question | What you will learn | Learning Review |
| 1 | I can move in different ways.  | To move with some precision in a variety of ways. To explore ways in which they can move and use space.  |  |
| 2 | I can move with control.  | To look at controlling and making movement more precise.  |  |
| 3 | I can work individually and with others.  | To work within space and alongside others with a range of movements.  |  |
| 4 | I can move to music showing expressive qualities of dance.  | Communicate mood, feelings and ideas with movement. Use expression and action to convey these.  |  |
| 5 | I can creatively compose short dances.  | Order and sequence movement with purpose. Recall and sequence movements in a performance. Explore, repeat and remember short sequences.  |  |
| 6 | I can participate in a performance.  | Order and sequence movement for an audience. Recall and sequence movements in a performance. Explore, repeat and remember short sequences. |  |