* Rockcliffe CE Primary School Whole School RSE Overview

Below is an overview of the RSE learning focus for each term/half term in each class.

Class teachers may choose to adapt the schemes of work to suit their class but must ensure full coverage throughout the two-yearly cycle.

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|  | EYFS(Not part of You, Me, PSHE)  | Year 1/2 | Year 2/3 | Year 4 | Year 5 | Year 6 |
| Autumn 1 | **Living in the Wider World****All About Me** | **Physical health and wellbeing**Fun times**Physical health and wellbeing**What keeps me healthy? | **Physical health and wellbeing**What keeps me healthy?**Physical health and wellbeing**What helps me choose? | **Physical health and wellbeing**What is important to me? **Identity, society and equality**Democracy | **Physical health and wellbeing**In the media**Identity, society and equality**Stereotypes, discrimination and prejudice | **Identity, society and equality**Human rights**Keeping safe and managing risk**Keeping safe - out and aboutFGM (female genital mutilation) |
| Autumn 2 | **Special People****Being a Good Friend** | **Keeping safe and managing risk**Feeling safe**Identity, society and equality**Me and others | **Keeping safe and managing risk**Indoors and outdoors**Keeping safe and managing risk**Bullying – see it, say it, stop it | K**eeping safe and managing risk**Playing safe**Identity, society and equality**Celebrating difference | **Keeping safe and managing risk**Making safer choices | **Relationships and health education**Healthy relationships**Relationships and health education**Healthy relationships |
| Spring 1 | **Health and Wellbeing****Looking After Myself** | **Mental health and emotional wellbeing**Feelings**Mental health and emotional wellbeing**Friendship | **Mental health and emotional wellbeing**Friendship**Mental health and emotional wellbeing**Strengths and challenges | **Mental health and emotional wellbeing**Friendship (Extension) **Mental health and emotional wellbeing**Strengths and challenges (Extension) | **Mental health and emotional wellbeing**Dealing with feelingsKidsafe Session- Anger- how do deal with it in a positive way.  | **Mental health and emotional wellbeing**Healthy minds |
| Spring 2 | **Relationships****My Friends** | **Drug, alcohol and tobacco education**What do we put into and on to bodies?**Relationships and health education**Boys and girls, families | **Drug, alcohol and tobacco education**Medicines and me**Drug, alcohol and tobacco education**Tobacco is a drug**Relationships and health education**Boys and girls, families | **Drug, alcohol and tobacco education**Making choices**Relationships and health education**Growing up and changing | **Drug, alcohol and tobacco education**Different influences**Careers, financial capability and economic wellbeing**Borrowing and earning money | **Drug, alcohol and tobacco education**Weighing up riskSex Ed???? |
| Summer 1 | **Living in the Wider World****Staying Safe****EYFS Kidsafe Programme 17 sessions**  | Kidsafe programme. | Kidsafe programme.Kidsafe programme. | Kidsafe programme. | Kidsafe programme. | Kidsafe programme.(6 sessions) |
| Summer 2 | **Health and Wellbeing****Being Healthy** | Kidsafe programme. | Kidsafe programme.Kidsafe programme. | Kidsafe programme. | Kidsafe programme. | Kidsafe programme (6 sessions). |
| **RSE will be supplemented by Kidsafe (In Summer 2022, all children from EYFS to year 6 received Full Programme 1)** **Full Programme 1 can be recapped with EYFS and Y1/2/3 in Autumn 1? Cohesion between both year 2 classes? 5 x 45/60 minute sessions and 1 x 60 minute recap/**  | ***Full Programme 2- Year 2,3,4* 10 x 60 minute sessions and 1 x 60 minute recap so this will span over a term.** ***Full Programme 2- Year 5 and 6* 11 x 60 minute sessions and 1 x 60 minutes recap so this will span over a term.**  | **One Hour Workshops – can be used as/when situation arise. Positive Mental Health & Emotional Wellbeing Y5 & 6Domestic abuse and its impact on children Y5 & 6 Both of the above can be adapted for delivery to Y3 & 4Peer Pressure Y3 – 6Anger - how to deal with it in a positive way Y3 – 6Harm and damage as a result of watching/playing inappropriate games and films Y3 – 6Developing a safe culture to prevent harmful sexual activity online and face-to-face - Optional Late Y6 only for delivery in the summer term before moving on to high school.** | **Each You, Me, PHSE unit includes 3 sessions per half term.**  |
| **Children’s Mental Health Week 6th-12th February 2023Place2be Mental Health Week (TBC in Autumn Term)** **8th February Internet Safety Day**  | **Potential Careers Aspirations Day?** **Y3 focus Careers, financial capability and economic wellbeing**Saving, spending and budgeting (Career Aspiration Day) **Y2 focus Careers, financial capability and economic wellbeing**My money |  |  |